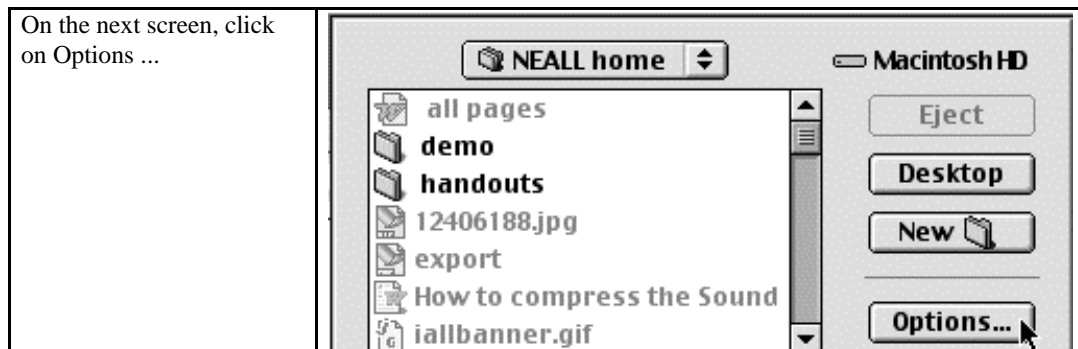
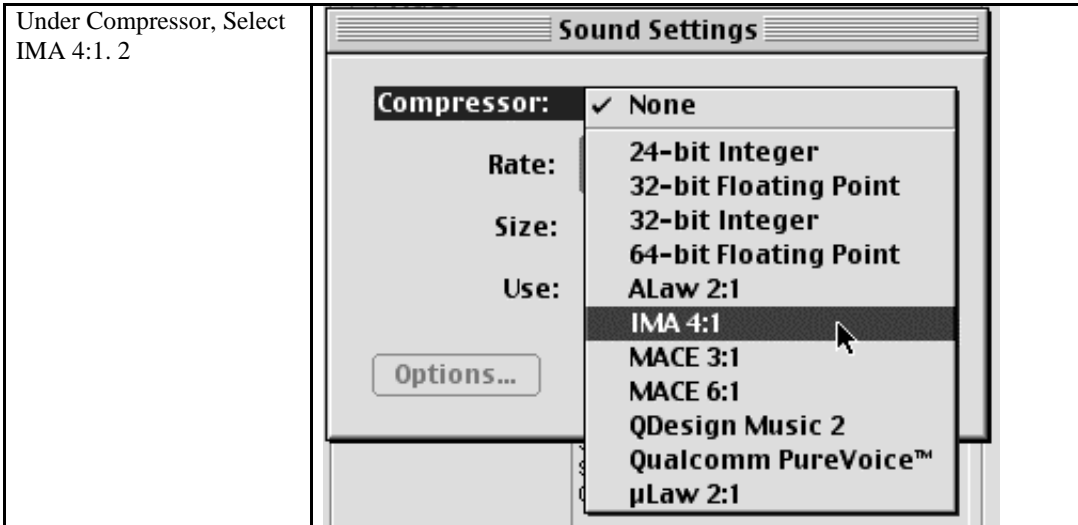
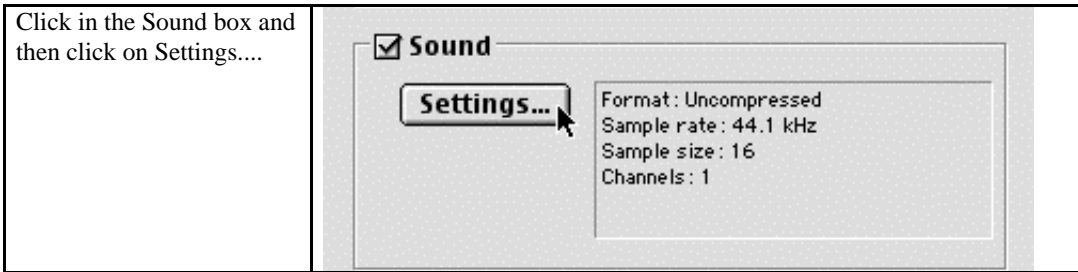


How to Compress the Sound in Your QuickTime Movie in QuickTime Player

Start with an uncompressed movie file.

Note: It is not a good idea to compress a file and then re-compress it in a different way.





Click OK.

Re-save the movie

You will be prompted to save the movie. It is a good idea to change the name to avoid replacing the original, uncompressed movie.